A ___ flow meter shows how quickly you can empty your lungs.

Asthma inflames and narrows the airways in the __

___ constriction is technically called bronchoconstriction.

Your ___ can prescribe medicine that best controls your symptoms.

Asthma is an ___ system response to irritants.

Molds and ___ are a problem in moist, humid environments.

People with asthma can lead ___ lives with proper medication.

Your doctor will use pulse oximetry to check the ___ level of your blood.

Sportsmen Dennis ___ & Jerome Bettis have asthma.

___ can sometimes cause an asthma attack, so take time to relax.

Asthma is a ___ condition that can last for years or all your life.

People with asthma often carry a rescue ___ in case they need it.

A ___ is something that causes an asthma attack.

Prolonged and intense aerobic ___ can cause an asthma attack.

Wheezing, shortness of breath, & coughing are ___ of an asthma attack.

___ like smoke, dust, & pet dander can cause breathing problems.

Most asthma sufferers are diagnosed in early ___ or teens.

Cleopatra actress ___ Taylor had asthma.

Corticosteroids & bronchodilators are types of ___ that control asthma.

Young children can use a ___ that turns their medicine into a fine mist.

If asthma goes untreated ___ damage can occur.

Illnesses like bronchitis and ___ can cause asthma symptoms.

Presidents Teddy ___, Woodrow Wilson, and JFK all had asthma.

___ in the chest makes it difficult to move air in and out of your lungs.

Asthma is not ___ but there are inherited tendencies.

___ is the body's way of dealing with things that are harmful or foreign.

Dust, pollen and mold are ___ factors that can worsen asthma.

___ products are items that contain few or no irritating substances.