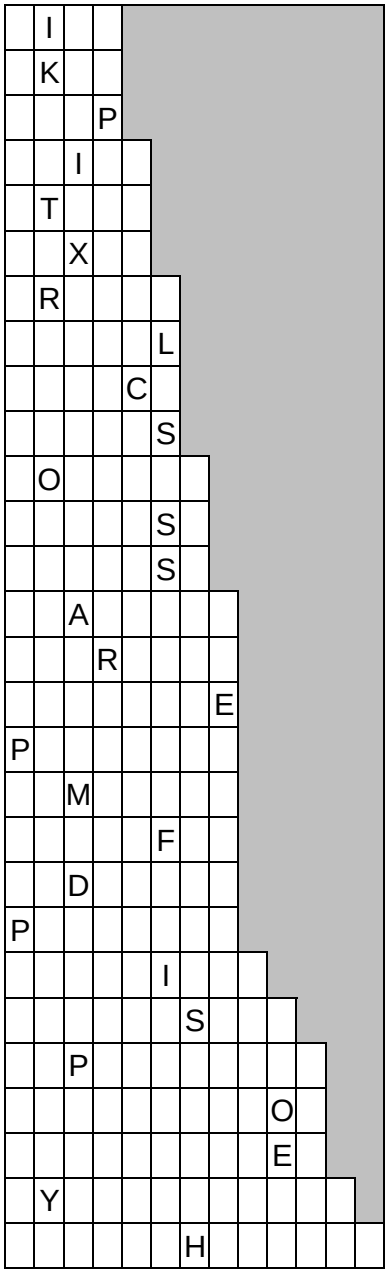
AT THE SPA!

Acupressure uses __ pressure on specific points of the body
Aestheticians perform cosmetic __ treatments
A body __ may include seaweed, mud, clay or algae
Acrylic __ can have special jewels or patterns
A hot __ massage uses heat to release tension
You can have your eyebrows, lip, underarms, bikini area and legs __
Make your wedding special and bring your whole __ party to a spa
A __ will cleanse, exfoliate and hydrate the skin on your face
A __ manicure mimics the natural look of the nail with white tips
Sugar and salt can be used in __ that help the skin
Bring your partner and have a __ massage on Valentine's Day
__ means massage by hand. Ashiatsu means massage by foot
A __ massage uses long, sweeping strokes
Lymphatic __ massages help fluids circulate and releases toxins
Many spas offer __, colorings, permanents and stylings
A __ includes filing and shaping fingernails
Most spas offer __ that include serveral services for one price
A gift certificate to a local spa can help you feel __ and special
A __ dip softens and moisturizes the hands or feet
A pumice stone helps remove dead skin on your feet during a __
Mothers in their 2nd or 3rd trimester enjoy __ massages
__ herbs and extracts are used to enhance treatments
__ __ massages are good for athletes who are often sore
Some spas will help you with make-up __
__ is the removal of the top layer of dead skin
Massages will help you feel rested and __
__ is the use of water and special showers, like a Vichy Shower
__ uses essential oils to affect the mind and body



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U	M	D	I	A	S	T	U	C	R	I	A	H	K	K
S	D	E	R	E	P	M	A	P	K	M	P	J	E	D
T	A	E	C	B	A	P	A	C	K	A	G	E	S	E
A	Y	P	A	R	E	H	T	O	R	D	Y	H	R	T
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C	L	F	I	R	M	O	A	D	R	S	N	N	D	L
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Enter unused letters from puzzle, in order:

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Copy boxed letters to form your hidden message:

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