RESOLUTIONS!

Eat less __ by choosing lean meats and better foods
Change spending habits and get out of __
Set a personal __ to achieve something great this year
Spend more __ with friends and family
Take the time to __ new things everyday
Cook healthy __ and eat out less
Set a __ and save for that big purchase
Attend and participate in a __ or religious group
Go to a __ and get a physical exam
Get more exercise: park farther from the __
Be more patient and tolerant when dealing with __
Become a better __ and read a self-improvement book
Take __ instead of the elevator for more exercise
Eat dessert only occasionally and eat less __
Exercise, get fit, and lose __
Be responsible and accountable for your __
Call or visit your __ more frequently
Quit __, either with the patch or cold turkey
Develop better study habits to become a better __
Try to keep a positive __; it could be worse
Plan a fun and affordable family __
Take __ and supplements for better health
Take time for __ with a massage, meditation, etc.
Improve __ by keeping busy with personal interests
Get more __ by sorting out paperwork and tasks
__ time to help those in need
Respect coworkers and improve relations in the __
Eat more green and crunchy __